



WORKSHOP ON DISCIPLESHIP AND VOCATION

It's best if the chairs are arranged in a semi-circle or circle so people can also see each other.

INTRODUCTIONS / ICE BREAKER

Tell us your name, subject and a job that you wanted to do when you were a child!

Take turns in answering the question.

NOTE: you can also use a different ice breaker (see Resources tab on SCM website)

10 minutes

TIME EXERCISE (PAIRS)

Draw a time pie chart showing how you spend your time in a regular week.

Talk to your partner about your pie chart.

10 minutes

DISCUSSION

Share interesting things about your pie chart with the larger group. Someone could take notes.

5 minutes

VALUES EXERCISE (SMALLER GROUPS- 3 or 4)

Which things are most important to you in life?

Discuss with the small group. Write ideas down.

10 minutes

DISCUSSION & VOCATION QUOTES

How do the time pie charts match up with your values?

Could they match up more? How?

5 minutes

DISCIPLESHIP EXERCISE

Read handout and choose a favourite quote or idea.

Which is your favourite quote and why? Share with the group- one by one.

Someone take notes- list reasons on whiteboard/flipchart under the title 'What is discipleship for us?'

How can we do more of these things on the board as a group?

Can they be incorporated into a group ethos/values?

15 minutes

DAILY EXAMEN

Teach the 'Daily Examen'- for daily discipleship- to the group.

5 minutes



“Where your talents and the needs of the world cross; there lies your vocation.”

- Aristotle

‘Whoever does not bear his own cross and come after me cannot be my disciple.’
Luke 14:27

‘Christianity without discipleship is always Christianity without Christ’
Dietrich Bonhoeffer

‘And they devoted themselves to the apostles’ teaching and the fellowship, to the breaking of bread and the prayers.’
Acts 2:42

‘To become a disciple is not a matter of a new or changed self-understanding, but rather to become part of a different community with a different set of practices.’
Stanley Hauerwas

‘Passing alongside the Sea of Galilee, he saw Simon and Andrew the brother of Simon casting a net into the sea, for they were fishermen. And Jesus said to them, “Follow me, and I will make you become fishers of men.” And immediately they left their nets and followed him.’
Mark 1.16-22

THE DAILY EXAMEN (IGNATIAN EXERCISE)



1. Become aware of God's presence.
2. Review the day with gratitude.
3. Pay attention to your emotions.
4. Choose one feature of the day and pray from it.
5. Look toward tomorrow.



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