

# Our Daily Bread

● TAKING ACTION ●



SCM's Daily Bread campaign has focused on food poverty in the UK, starting with our launch event in November and following up with workshops in local groups. Now it's time to take action!

We've learned about the experiences of people living in food poverty, as well as researching the causes and structures that lead to food poverty being such a massive problem in the UK, and our calling as Christians to act. Campaigns like Marcus Rashford's have brought the issue to light, especially during the pandemic, and so we're adding the voices of SCM members to calls for equality and justice.

Here are two simple actions you can take with your SCM group. Make sure you let us know which you do, and try to complete the actions by the end of April if you can. If you'd like a Regional Worker to help you with your campaign just get in touch with us on [scm@movement.org.uk](mailto:scm@movement.org.uk) or message us directly.

# Action 1: Write to your MP



## Goal

Ask your MP to advocate for the recommendations of the Food Foundation report.

## Headline Stats

- Food insecurity affects 4.7 million adults in the UK, up 15% from pre-covid figures
- 20% of children aged 8-17 have experienced food insecurity since Christmas 2020

## Action

Create a template letter and ask as many people in your university network as possible to send it to their MP. Think about tone of voice and clarity of message, and do some research to find out your MP's voting history on food justice. If you have time, you could ask to meet with your MP to discuss the issue further.

## Key Asks

1. An urgent review of Free School Meals: prioritising ensuring the eligibility threshold does not exclude any disadvantaged children from accessing a healthy meal.
2. Businesses should pay at least the Real Living Wage and the Government should make the £20 Universal credit uplift permanent.
3. Designate authority in Government to be responsible for monitoring and tackling food insecurity.



# Action 2: Write to your University



## Goal

Ask your university to take measures to reduce food waste on campus

## Headline Stats

- More than a third of the food produced in the world goes to waste every year
- In the UK 650 million meals worth of food goes to waste every year while 4.7 million adults go hungry

## Action

As a group, contact your university or student's union about food waste. Research what they already do, and how they could improve. Make sure you do some research and target the right person – perhaps the head of catering, or head of sustainability – and think about your tone and specific asks in your letter. Consider partnering with some other societies on campus, such as the Green Action or People and Planet group, or asking your chaplaincy to back the campaign.

## Key Asks

1. To disclose any policies in place for reducing food waste, or improving sustainability of food outlets
2. That they to look into ways to divert food waste through organisations such as Fareshare



# Useful Links

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Food Foundation Report: <https://foodfoundation.org.uk/food-foundation-release-new-report-showing-pandemic-effect-on-food-insecurity-remains-a-crisis/>

Details of your MP: <https://www.theyworkforyou.com/>

Information about reducing food waste: <https://www.lovefoodhatewaste.com/>

Examples of reducing food waste at university:

<https://wildmag.co.uk/2019/02/18/fighting-food-waste-at-university/>

NUS food waste campaign: <https://sustainability.nus.org.uk/student-eats/articles>

Fareshare, national organisation who redirect food waste:

<https://fareshare.org.uk/>

**Please let SCM know when you have taken action, and whether you hear back from your MP or University!**

